



Introductions

Subject-Matter Experts

- **Kevin Hodgson**, Manager of Programs, Hockey Education Reaching Out Society (HEROS Hockey). His 15-year career in the Human Services sector has exclusively focused on marginalized children and youth. He is also a Consulting Trainer for the Centre for Suicide Prevention.
- **Linda Scurr, MEd**, counselling program supervisor with Adult Addiction Services Calgary, Addiction and Mental Health (formerly AADAC), Alberta Health Services. As the supervisor of the Calgary AADAC Enhanced Services for Women program Linda was awarded the Premier's Award of Excellence 2005. She is a Consulting Trainer with Centre for Suicide Prevention and has taught suicide intervention training since 1975.
- **Dave Macleod, MSc RPsych**, founding clinical psychologist with Western Psychology Services in Calgary, now the overseer of the WPS co-operative. Dave began work in suicide prevention in the late 1970s as a volunteer with the Distress Centre/Drug Centre and has, since then, worked in a variety of adolescent treatment centres around the world. Dave is a Consulting Trainer with the Centre for Suicide Prevention.

Secondary Research

- **Robert Olson, BA, MLIS**, Librarian, Centre for Suicide Prevention and
- **Karen Lavoie, BMus, MLIS**, Research Assistant, Centre for Suicide Prevention provided secondary research.

Co-sponsoring Organizations

Injury Prevention Centre (IPC)

A provincial organization committed to advancing the impact or prevention, emergency response, treatment and rehabilitation of injuries in Alberta. IPC is part of the School of Public Health, University of Alberta. For more information, visit us at www.injurypreventioncentre.ca

Centre for Suicide Prevention (CSP)

An education centre committed to reducing suicide through education: information services, workshops, presentations and now webinars. CSP is a branch of the Canadian Mental Health Association (CMHA). For more information, visit us at www.suicideinfo.ca





The 5 Things We Wish ALL Teachers Knew About How to Welcome back a Student who Experienced Suicidality

#1 The young person's outlook has changed

- Different world view (and their place in it)
- Precipitating factors to attempt
- Post-attempt changes outlook; hopefully for the better

#2 Others' perceptions have changed too

- Take the time and initiative to examine your own attitudes and beliefs towards suicide
- How do you see this youth? What has changed and what is different?
- How are your attitudes shaping your actions?

#3 Adults play a key role

- Caregivers, parents, teachers are responsible to re-connect with and encourage young person
- Build on past relationship with young person
- Adults need to be:
 - Cheerleaders
 - Advocates
 - Accountability partners
 - Referees (with other students)

#4 Strive for Normalcy

- Expectations of the youth need to be reinstated e.g. homework, classroom routines
- No special treatment; level playing field in the classroom
- Regain routine as much as possible

#5 Ambivalence may prevail

- Possibility of another attempt remains
- Prevention is good postvention
- There was a reason that made the youth want to live
 - This reason needs to be highlighted
- Mental health concerns need to be addressed and monitored
 - Particularly depression

References

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Thanks for tuning in! More questions?

Contact us at: csp@suicideinfo.ca



Co-sponsored by Centre for Suicide Prevention and
Injury Prevention Centre